



Self-Transcendence

July, 2014



Hi

Friends and athletes!

It is our 35th...and we have added Youth relays. Watch those kids steaming by!

It is our 35th ...so we are reminding you about the pre-race meeting on Saturday, August 2
Get answers to your questions. Youth 12 - 19 Sprint: 1:30. Adults 2 pm.

It is our 35th ...we are also reminding you that all team photos are taken before the race on Sunday, August 3. (Listen for the announcement)

It is our 35th...we are reminding you that again we will have **Level Ground coffee** (and tea) ready before the race starts. Free for athletes and volunteers or by donation.

Because it is our 35th...look for a **35th memento** in your race packet. (It's a small surprise—don't overlook it!)

Because it is our 35th... we invite your friends and family to join you for our famous pancake breakfast in **the Finish Line Café**. No tickets required. **Donations accepted**. **RSVP by return email with the possible number of your guests**. If you can, it will help us to plan.

**Because it is our 35th there will be
a Grand Draw Prize of \$1000**

(That is in addition to the usual Draw Prize Gift Bags full of loot!)
(You must be there to claim your prize or it will be re-drawn.)

Cheers! We'll have a ball! Because it is our 35th—did I say that already?
Sumitra
victoriatriathlon.com